



Reasonable and Customary Limits for Paramedical Practitioners

Initial Assessment	Per Visit
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	BC	AB	SK	MB	ON	NB	NS	PE	NL	YT	NT	NU
Acupuncturist	\$135	\$140	\$110	\$110	\$135	\$130	\$125	\$100	\$130	\$105	\$145	\$125
	\$115	\$100	\$90	\$85	\$120	\$115	\$115	\$90	\$105	\$115	\$125	\$125
Chiroprapist	\$160	\$120	\$95	\$105	\$110	\$85	\$80	\$100	\$95	\$80	\$80	\$80
	\$105	\$100	\$80	\$85	\$95	\$80	\$80	\$100	\$80	\$80	\$80	\$80
Chiropractor	\$120	\$120	\$90	\$85	\$120	\$110	\$115	\$95	\$110	\$110	\$110	\$155
	\$70	\$75	\$55	\$60	\$65	\$70	\$75	\$70	\$65	\$80	\$65	\$120
Massage Therapist	\$135	\$110	\$95	\$95	\$125	\$120	\$120	\$110	\$115	\$125	\$125	\$130
Naturopath	\$265	\$280	\$245	\$280	\$255	\$195	\$225	\$180	\$210	\$200	\$245	\$250
	\$165	\$175	\$155	\$175	\$180	\$115	\$150	\$115	\$145	\$200	\$170	\$155
Osteopath	\$160	\$150	\$155	\$170	\$145	\$160	\$145	\$125	\$110	\$120	\$125	\$125
	\$150	\$140	\$135	\$150	\$125	\$140	\$140	\$110	\$100	\$120	\$115	\$125
Physiotherapist	\$135	\$130	\$130	\$100	\$130	\$110	\$140	\$95	\$95	\$110	\$200	\$125
	\$105	\$105	\$85	\$85	\$95	\$90	\$115	\$75	\$85	\$95	\$150	\$95
Podiatrist	\$185	\$100	\$105	\$105	\$120	\$90	\$95	\$100	\$70	\$70	\$100	\$110
	\$120	\$100	\$85	\$85	\$100	\$80	\$75	\$80	\$70	\$70	\$100	\$110
Psychologist	\$235	\$220	\$200	\$225	\$250	\$220	\$210	\$210	\$210	\$200	\$220	\$295
	\$235	\$220	\$200	\$225	\$250	\$220	\$210	\$210	\$210	\$200	\$220	\$295
Social Worker	\$160	\$200	\$160	\$135	\$170	\$160	\$175	\$150	\$150	\$120	\$170	\$175
Speech Therapist	\$200	\$180	\$195	\$190	\$200	\$150	\$130	\$135	\$175	\$120	\$120	\$120
	\$150	\$150	\$140	\$130	\$140	\$130	\$100	\$120	\$90	\$120	\$100	\$120

*Effective January 1, 2025. Health Plus Insurance uses limits developed by Co-operators. Claims are subject to reasonable and customary limits of the plan members province of residence. Several factors are considered when establishing reasonable and customary prices, including prior claims history and market research. These factors may change from year to year, as a result, you may notice fluctuations (increase or decrease) in specific areas. Please refer to your policy for coverage limitations and exclusions.